

# OVERVIEW



**KING EDWARD VI**  
HIGH SCHOOL FOR GIRLS



**WEEK 2**

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Cream of Tomato	Pea & Mint	Sweet Potato, Chilli & Coconut	Minestrone	Vegetable
Meaty Mains	Thai Green Chicken Curry	Pork Sausage Roll	Roast Chicken With Sage & Onion Stuffing	Lamb Rogan Josh & Naan Bread	Chicken Zinger Burger
Mains	Vegetable Spring Roll with Sweet & sour Sauce - <b>v</b>	Baked Cod And Parsley sauce - <b>F</b>	Hoi Sin Stir Fry Veg with Noodles - <b>v</b>	Tomato & Basil Pasta - <b>v</b>	Battered Cod with Lemon & Tartar Sauce - <b>F</b>
Veggie Mains	Vegetable Carbonara Pasta Bake - <b>v</b>	Cheese & Tomato Pizza- <b>v</b>	Quorn Sausages & Onion Gravy - <b>v</b>	Mushroom Wellington - <b>v</b>	Homemade Tuscan Bean Burger - <b>v</b>
Salads	Range of fresh salads served daily				
Jackets & Pastas	Served daily with meat-based sauce - tomato sauce - tuna - beans - cheese				
Sides	Coconut & Coriander Rice Carrots Broccoli	Potato Wedges Peas & Sweetcorn Courgettes in a Tomato & Garlic Sauce	Mashed Potatoes Roasted Vegetables Green Beans	Potato Bravas Root vegetables Cauliflower Cheese	Chips Peas Beans
Hot Sweets	Apple & Cinnamon Crumble	Double Chocolate Sponge	Apple Pie	Sponge & Chocolate Sauce	Chocolate Crunch & Chocolate Custard