



KING EDWARD VI
HIGH SCHOOL FOR GIRLS



Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	Chicken Jalfrezi	Ham & Pineapple Pizza	BBQ Chicken Leg	Beef Stroganoff	Chicken Zinger Burger on a Bun
Veggie Mains	Macaroni Cheese - V	Cheese & Tomato Pizza - V	Vegetable Lasagne - V	Quorn & Mixed Bean Chilli - V	Tomato, Basil & Mozzarella Bruschetta - V
Pastas	Served daily with beef bolognaise or tomato sauce				
Sides	Kashmiri Rice Carrots Whole Green Beans	Potato wedges Baked Beans Sweetcorn & Peppers	Tuscan Potato Medley Vegetables Spiced Cauliflower	Herby Rice Mixed Vegetables Roast Sweet Potato & Butternut Squash	Chips Peas Baked Beans