



KING EDWARD VI  
HIGH SCHOOL FOR GIRLS



# Week 1

|                     | Monday  | Tuesday                                   | Wednesday                                    | Thursday  | Friday   |
|---------------------|---|---|--|---|--|
|                     |   |   |  |   |  |
| <b>Meaty Mains</b>  | Chicken Teriyaki                                  | Pepperoni Pizza                           | Roast Chicken with Stuffing & Gravy          | Beef Lasagne with Garlic Bread                                  | Chicken Zinger Burger on a Bun                   |
| <b>Veggie Mains</b> | Vegetable Samosas with Curry Sauce - <b>V</b>     | Cheese & Tomato Pizza - <b>V</b>          | Veggie Sausages with Gravy - <b>V</b>        | Linguine Carbonara - <b>V</b>                                   | Tomato & Halloumi loaded Potato Skins - <b>V</b> |
|                     |   |   |  |   |  |
| <b>Pastas</b>       | Served daily with beef bolognaise or tomato sauce |   |  |   |  |
| <b>Sides</b>        | Coconut Rice<br>Mixed Vegetables<br>Broccoli      | Potato wedges<br>Baked Beans<br>Sweetcorn | Mash Potato<br>Cauliflower Cheese<br>Carrots | Herby Diced Potatoes<br>Green Beans<br>Mediterranean Vegetables | Chips<br>Peas<br>Baked Beans                     |
|                     |   |   |  |   |  |