



**KING EDWARD VI**  
HIGH SCHOOL FOR GIRLS



**Week 2**

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato & Fennel	Roasted Root Vegetable	Sweetcorn Chowder	Carrot & Celery	Winter Vegetable
Meaty Mains	Chicken Kiev	Lamb Shepherd's Pie	Roast Chicken with Sage & Onion Stuffing	Beef Lasagne	Chicken Zinger Burger on a Seeded Bun
Mains	Tomato & Cheese Pasta Bake - <b>V</b>	Fish Curry with Rice - <b>F</b>	Broccoli & Cauliflower Parcel - <b>V</b>	Bacon & Leek Tart	Crispy Breaded Cod with Lemon & Tartar Sauce - <b>F</b>
Veggie Mains	Quorn Cottage Pie - <b>V</b>	Cheese & Tomato Pizza - <b>V</b>	Tomato & Basil Risotto - <b>V</b>	Vegetable Balti & Naan Bread - <b>V</b>	Home Made Vegetable Burger - <b>V</b>
Salads	Range of fresh salads served daily				
Jackets & Pastas	Served daily with meat-based sauce - tomato sauce - tuna - beans - cheese				
Sides	Buttered New Potatoes Spiced Ratatouille Sliced Green Beans	Potato Wedges Vegetable Medley Pea's	Mash Potato Sweet Heart Cabbage Roasted Parsnip & Carrots	Herby Rice Garlic & Herb Courgette Sweetcorn	Chips Peas Baked Beans
Hot Sweets	Winter Berry Crumble	Marble Sponge	Cornflake Tart	Fruit Sponge Steamed Pudding	Chocolate Crunch