



KING EDWARD VI HIGH SCHOOL FOR GIRLS

Summer Term Extra-Curricular 2020



ACTIVITY	Task	URL
ART	The Universal Museum of Art has lots of virtual exhibitions you can look around. You can walk around at leisure, clicking on pictures you want to learn more about	https://legacy-uma.org/exhibition/cats in art history/#/cats in art history room 1 1 /
	Lots of real art galleries have virtual tours too; travel to New York, Amsterdam, Paris without leaving the couch! Look around some of the best galleries in the world such as the Louvre or the MOMA. We might be in lockdown but you can still travel!	https://www.vogue.fr/culture/article/les-7-plus-beaux-musees-a-decouvrir-en-ligne
	On a travelling note, Google streetview enables you to explore some magnificent landmarks remotely, including the Colosseum in Rome, Diagon Alley from Harry Potter, the Palace of Versailles and the Grand Canyon to name a few	https://www.mentalfloss.com/article/51904/16-amazing-places-visit-google-street-view
	There are some great apps for creating: <i>I Can Animate</i> , where you can create your own Wallace and Gromit style animations <i>Sketch and Sketchbook</i> are good for doodling on tablets.	
	For a bit of fun, check out <i>Google Arts and Culture</i> app where you will find a whole host of ideas including a lookalike tool. It will match your face with one in its huge database of paintings. Find out a bit about your doppelganger!	https://artsandculture.google.com/
	For those studying Art or not, there are 10 free online courses covering Art and Psychology to Art and Crime! Especially useful for those off to University (to practice independent study) or those applying, as it can add to application evidence	https://www.google.com/amp/s/www.artsy.net/article/artsy-editorial-10-university-art-classes-free-online/amp
CHESS	Have a go at playing Chess online!	www.chess.com chesskid.com www.lichess.org
	Play Chess with Dr Tedd. He will donate money to a charity for any matches he loses! Beware, as he has in the past drawn a game with an ex World Champion Vasily Smyslov!	

ACTIVITY	TASKS	URL
DEBATING	Go through the link. Choose a motion which you find interesting and record or write a speech of up to 5 minutes in length on that topic. Your teacher Miss Williams, will choose a winner, with a deadline in early May, and categories of Lower School, Fifth Form & Upper School	https://blog.prepscholar.com/good-debate-topics
	Miss Williams will also email you and point you towards the latest PMQs, to show the contrast between the orderly form of Debating they practise, and the real thing!	
	Here's a link for debating/ public Speaking activities you could do with family members or friends (via FaceTime/ House party/Skype/WhatsApp etc.)	https://debate.uvm.edu/dcpdf/Training%20Games.pdf
PHILOSOPHY	Some great inspiring philosophy here!	https://bigthink.com/politics-current-affairs/jordan-hall-coronavirus?rebellitem=3#rebellitem3 https://aeon.co/ https://www.skeptic.com/ https://thepanpsycast.com/home
ENGINEERING	STEM anyone? Have a go at some of these activities in this link and let Mrs Hall know how you have got on	www.steamsational.com
	Create your own engineering projects through our Sixth Form led Engineering Club!	
SPOKEN WORD	Get writing! Send on videos and poems to our Spoken Word club leader Jasmine. You can also share poems via Google Drive (written or recorded) and get feedback from her.	

ACTIVITY	TASKS	URL
BIOLOGY	Have a go at the Nancy Rothwell Art and Biology competition which is run through the Society of Biology	https://www.rsb.org.uk/get-involved/rsb-awards/nancy-rothwell-award
	<p>Get involved in the Biology Department photography competition – details have been emailed by Miss Rollason</p> <p>Thirds Draw a key to identify British trees and their leaves. Record as a poster or information sheet. Internet research, books at home or trees in your own garden as help! Draw a key to identify British butterflies and their caterpillars. Record as a poster or information sheet. Draw a key to identify British birds. Record as a poster or information sheet. You could also make recordings of bird song or describe what they sound like to identify them from a distance! Can you spot any nocturnal animals in your garden? Identify them and create a Facebook page for them. Make a print out of an Instagram page pretending to be a British mammal. Listen to, and record if possible, bird song and owl hoots. Look for spiders in your house/garden and identify the species you find. Create a natural art picture using leaves, twigs, small plants from your garden.</p> <p>Lower Fourth Photograph or draw a butterfly at each stage of its life cycle. Annotate and make into a poster. Birdwatch for one hour and record your observations. Hang a birdfeeder in the garden and record the species of birds that attend. Collect five different tree or plant seeds and plant them. Use yoghurt pots and compost.</p>	

BIOLOGY

When you go for your daily exercise, make observations of the nature you can see and hear.

What can you capture on camera during a half hour photography session of wild organisms in your garden?

Keep a log of the Birmingham/Cardiff peregrines or the Osprey nest in Scotland. You can watch these on the internet with a simple search. Make a poster detailing their life from nesting to fledgling!

Find wild animal clues and document them however you see fit! Includes poo, print, fur, feathers, mound of dug soil, den or set. There may be lots in your garden if you look!

Upper Fourth

Find five species of insect living in your garden and record your findings.

Plant some insect friendly plants in your garden, or observe those that are already present in your garden. Keep a record of the visitors!

Go on a "Fungal Foray" and identify five species of fungi that may be lurking in your garden. Remember not to pick or touch any, they may be poisonous.

Make a leaf print collage from leaf rubbings. Add in some bark rubbings too!

Make a woodpile in your garden to attract animals and keep a log of what you see and notice.

If you have a pond in your garden... Identify any species found and produce a labelled diagram of your favourite find.

Take care close to any water.

Visit the Natural History section of a museum, or even the Natural History Museum in London. You can do virtual tours with a quick internet search!

Lower Fifth

Keep a nature journal for one week, recording observations as diagrams, photographs and written notes.

Visit an RSPB site virtually online and make recordings.

Make a birdfeeder or a bird house. Hang it in your garden and log your visitors!

	<p>Make an insect hotel. Take photographs and recording of any visitors to your hotel!</p> <p>Identify the different species of bird or duck in a particular place, photograph or make notes about which species stay all year and which come and go for summer or winter. Where do they migrate to?</p> <p>Draw a favourite natural landscape in each season. You will find images to inspire you with a quick internet search.</p> <p>Visit six different habitats in your garden, drawing or photographing them yourself, adding notes on what animals live in this particular area to produce a booklet.</p>	
<p>COOKERY</p>	<p>Regular recipes will be sent out by Ms Anderson</p> <p>In addition, chefs to follow on Instagram & Twitter:</p> <p>Jack Monroe - The original. Author of <i>Cooking On A Bootstrap & Tin Can Cooks</i>, campaigner and all round absolute legend Jack Monroe is the real deal when it comes to making meals out of 'nothing'. Now she's started #JackMonroesLockdownLarder 5pm GMT every day on Twitter. You tweet in the randoms items in your kitchen, Jack will respond with tips and recipes. It's as simple and brilliant as that.</p> <p>Malou Herkes - Leftover food? With Malou's DIY Pantry series you'll no longer understand the meaning of the term. Learn how to turn cream into butter, make your own almond milk, turn citrus peels into household cleaner and many more frugal lessons on her Instagram and blog.</p> <p>Claire Thompson - Author of <i>The Art of The Larder</i>, Claire's no-fuss, full of flavour cooking is all about making your larder work for you, not the other way around. Over on her Instagram she's posting recipes for one meal a day that optimises thrifty, everyday ingredients whilst prioritising flavour.</p>	

COOKERY

Brickhouse Bakery - South London stalwart Brick House Bakery are teaching everyone how to bake their Self Isolation Sourdough with a comprehensive guide from tools to technique over on their grid.

Leaders of Fun - Chef Olia Hercules and her son Sasha are cooking up a storm in isolation on this new account. For anyone with kids & wondering how to entertain & cook together, this is going to be a treat.

Hot Pots and Chocolate - With legendary Carla Tomasi's recommendation no less, Ema's account is here for all your pasta-making needs.

Nena Foster Food - Natural Chef and Master of ferments, Nena Foster is taking people's cooking questions and turning them into 'Whats In Your Fridge' recipe suggestions in videos on her Instagram. Also a one stop shop for all your fermentation needs.

Rosie Birkett - Kicking off her new 'Pantry Provisions' with a saffron risotto, Rosie's bringing us frugal luxury with simple pantry staples.

Chefs Manifesto - In partnership with the WHO & Global Citizen, Chefs Manifesto - a community of Chefs all focused on sustainable, responsible cooking - are doing daily lives under the hashtag #TogetherAtHome from their Instagram account.

Nancy Birtwhistle - We wish we could bottle Nancy's vim and send it out to everyone who's struggling right now because one look at her videos and you forget the hellscape we're currently in. From cooking with leftover egg whites to cleaning your oven with DIY natural ingredients she's been on-hand since the start of social distancing to see us all through - with an epic radio playlist

<p>COOKERY</p>	<p>blasting in the background.</p> <p>Anais Vanmanen - Infamous chef of Bao & Xu London was one of the first to give out seriously thorough advice for cooking in quarantine since this ordeal started. Everything from your first attempts at pickles & ferments, the importance of stock taking your freezer, keeping food dry and highlighting support for Asian stores & their ingredients in a time where racism and prejudice has worsened the already horrendous effects of this virus on these businesses. If that wasn't enough, she's also posting a load of insanely good recipes.</p> <p><u>Other incredible resources:</u></p> <p>Jonathan Dunn has launched a new newsletter for food writing to adapt to the current situation. If it's anything half as good as the work he & team at Eater London has done to change the landscape of food journalism in this country, it'll be something to worship.</p> <p>Send on your foodie pics to Ms Anderson</p>	
<p>BRITISH SIGN LANGUAGE</p>	<p>Led by one of our Sixth Formers, this fantastic opportunity to learn British sign language continues online</p>	
<p>CROCHET</p>	<p>Another Sixth Form led club, teaching you how to crochet and make blankets for the local hospital</p>	
<p>GARDENING</p>	<p>Ms Anderson's favourite companies for:</p> <p>Purchasing seeds through the post</p>	<p>https://www.realseeds.co.uk/ https://tamarorganics.co.uk/ https://www.otterfarm.co.uk/product-category/plants-seeds/ https://www.sarahraven.com/</p>

GARDENING

Seed Sowing Information

Hannah Grows Instagram How to sow your own seeds

<https://www.hannahgrows.com/>

The Guardian - How to grow your own veg: a beginner's guide

<https://www.theguardian.com/lifeandstyle/2018/mar/31/grow-your-own-veg-beginners-guide-carrots-chard-coriander-cabbage>

How to sow your own wildflower container meadow

<https://www.hannahgrows.com/2016/09/30/wild-flower-love/>

How to save supermarket herbs

Hannah Grows - How to save supermarket basil

All about growing and eating edible flowers

<https://www.hannahgrows.com/>

Hannah Grows- Edible flowers

How to save your own seed in Autumn

Hannah Grows - Seed Saving

ACTIVITY	Task	URL
FRENCH	Watch French Films	https://www.myfrenchfilmfestival.com/en/ http://www.cinemafrancais-fle.com/Themes/femmes_cineastes.php
	Foreign language productions of Shakespeare	https://www.timeout.com/london/news/the-globe-is-streaming-a-shakespeare-play-for-free-every-fortnight-and-34-foreign-language-productions-033020/amp?_twitter_impression=true
	Listen to French stories (U5/L6/U6)	https://www.audiocite.net https://papapositive.fr/21-livres-audio-gratuits
	A language competition open to Thirds to Lower Fifth:	https://www.routesintolanguages.ac.uk/events/language-immersion-challenge
FRENCH GAMES CLUB	<p>Have a go at some of these!</p> <p>Beginner section for Thirds and Lower Fourth Intermediate section for Upper Fourth to Upper Fifths</p>	https://www.french-games.net/frenchgames https://www.bbc.co.uk/bitesize/subjects/zgdqxn www.duolingo.com www.quizlet.com www.linguascope.com

SPANISH

News in Spanish read at a very slow speed with exercises provided. For Lower – Upper Fifth

<https://www.newsinslowspanish.com>

A language Challenge from Routes into Languages for Lower Fourth – Lower Fifth. It could be submitted in September and you can get a certificate.

<https://www.routesintolanguages.ac.uk/events/language-immersion-challenge>

Audio books. Lower Fourth – Upper Fourth a link of free audio books in Spanish aimed at Spanish

<https://www.thefablecottage.com/spanish>

Attend a Virtual University visit to study MFL. Upper Fifth and Lower 6th

<https://www.channeltalent.co.uk/event/modern-languages-13-00-14-00-student-life-and-careers-with-languages-with-student-ambassadors-alumni-from-university-of-bristol/>

Culture, language and music educational site. A very popular site in American schools

<https://zachary-jones.com/zambombazo/>

Videos posted by language university students on a variety of themes

<https://www.instagram.com/thestudytubeproject/?hl=en>

Linguascope

Ideal for all year groups. Learn vocabulary from a variety of topics and then practise with interactive games. Thirds – Upper Fourth should go to ‘beginner’ section and Lower Fifth – Upper Fifth to ‘intermediate’

SPANISH

BBC Bitesize Spanish for Lower Fourth

Interactive lessons with plenty of activities

<https://www.bbc.co.uk/bitesize/subjects/z9mtsbk>

BBC Bitesize Spanish for Lower Fifth

Interactive lessons with plenty of activities on all of the topics in the GCSE course. Some of these will be set along with your weekly Class Charts tasks

<https://www.bbc.co.uk/bitesize/subjects/z9mtsbk>

Mi Vida Loca Web Series

A fun 22-part interactive series from the BBC. You are the main character in the story and have to take part as the mystery unfolds

<http://www.bbc.co.uk/languages/spanish/mividaloca/>

Online Spanish Dictionary

Online version of Collins Spanish dictionary to use on your computer or phone

<https://www.collinsdictionary.com/dictionary/english-spanish>

Buena Gente series

A series for Spanish learners. The link takes you to series 1, episode 1, but there are several seasons. It is also available on Amazon Prime Video.

<https://www.spanishplayground.net/spanish-video-series-buena-gente/>

Duolingo app

A free language-learning app for your phone or tablet. Search your app store.

<https://www.duolingo.com>

Memrise app

Another good free language learning app.

<https://www.memrise.com>

SPANISH

Coffeekbreak Spanish podcast Season 1 (beginners)

Free audio lessons in Spanish for beginners

<https://radiolingua.com/coffeebreakspanish/>

Coffeekbreak Spanish podcast Season 2 (intermediate)

Free audio lessons in Spanish for intermediate students (higher level GCSE)

Muy interesante

Online magazine articles on a variety of topics

<https://www.muyinteresante.com>

Netflix cartoons

A list of 30 cartoons on Netflix which have a Spanish audio option. You can add Spanish audio or subtitles to lots of content on Netflix, just go to the options once you start playing the video

Butterfly Spanish YouTube Channel

Spanish video lessons for beginners

<https://www.butterflyspanish.com/>

Practicemos YouTube Channel

Spanish video lessons for beginners

<https://www.youtube.com/user/VideosPracticemos/videos>

María Español YouTube Channel

Spanish videos for intermediate learners

<https://www.youtube.com/channel/UC30I0ZZ54oOVBYeXJtafYIA?app=desktop>

ACTIVITY	TASKS	URL
GERMAN	Dr Blain will be posting German activities on her German Google Classroom	
CINEMATIC SOCIETY (Sixth Form)	Download and sign up for the BFI player. It's free for the first 2 weeks and then you can subscribe for free and watch a suitable film. Watch a film of your choice and write a review. Submit this to Mrs Sangha	https://player.bfi.org.uk/
MODEL UNITED NATIONS	A Google Classroom with plenty of activities has been set up for participants	
ECONOMICS SOCIETY	Miss Evans has set up a Google Classroom with lots of discussion tasks ranging from famous economists and their theories, to how share prices are determined	
VOLUNTEERING (DEMENTIA)	Think about becoming a Dementia Friend online. Let Mrs Sangha know if this is something that you have registered to do and your experiences	https://www.dementiafriends.org.uk/register-digital-friend
SCIENCE	Medical Reading Group led by a Sixth Former is aimed at L6 – the first book you will read and review is "The Man Who Mistook His Wife for a Hat" by Oliver Sacks	http://sajtichek.narod.ru/books/without_translation/wife_hat.pdf
	Upper School Medsoc led by Sixth Formers continues as normal every Wednesday. Read and discuss articles and take part in medical quizzes! Lower School MedSoc led by Upper Fifth students will be for Thirds – U4th	

ACTIVITY	Task	URL
SPORTS	Lower School and Upper School Workouts are emailed to all students and include: Warm ups Cool downs Circuit training Yoga Dance Activity logs	
	Keep an eye on the PE Department Twitter as they are posting daily challenges and there are also exercises and skills for various sports to do at home as well as interesting articles and sports related features	Twitter @KEHSPE
	Tennis: Try these skills!	https://www.youtube.com/user/TennisCoachTV
	Cross country: Go for a run, keeping at least 2m from anyone you don't live with!	
	Football A good website with some suggestions about how to practice skills by yourself!	https://athleticlift.com/soccer-drills-to-do-by-yourself/

ACTIVITY	Task	URL
DRAMA	Budding theatre critics - Have you seen a great film or box set recently? If so - write a review and post it to Miss Proops who will compile your recommendations and send them out every few weeks	
	Budding performers - learning a monologue off by heart is great for your memory skills. Depending on when we get back to school (either Summer Term or in Autumn Term) we will be holding our annual 'Monologueslam!' competition and you will have the chance to perform your piece and win a medal! It can be anything - either from a published play, a film or it could be one you write yourselves.....get learning!!	
	Budding Playwrights - how about using this time to write a play? Do you know that Shakespeare wrote one of his finest plays 'King Lear' when in quarantine from the plague? Miss Proops would love to see a first draft or a couple of ideas for scenes. She can then give feedback and make some suggestions to refine your masterpieces! If a whole play feels a little daunting you can always try your hand at a short sketch which could be used in one of our Evenings of Theatre.... there are always lots of students in Drama clubs waiting for great original material to work with.	
	Budding Designers - use this time wisely and teach yourself a new skill such as dress making. Some of you will have sewing machines at home and this is a great opportunity to learn how to use it. Try making an outfit for a play - perhaps a luxurious cape, or an embellished waistcoat etc. You could also try your hand at prop making.....a bejewelled crown or a mouldy slice of cake....any of these things would be great starting points for a piece of drama.	
	Miss Proops is always looking for future talent to join our stage crew. Brush up your skills now and perhaps you could be helping to design the costumes, set and props for next year's Senior Production!!	

ACTIVITY	Task	URL
DRAMA	Websites to inspire you:	
	<i>Monologues</i>	https://www.dramanotebook.com/monologues-teenagers/
	<i>Playwriting</i>	https://www.tckpublishing.com/15-tips-for-writing-your-first-play/ https://www.writerscookbook.com/stage-play-writing-ingredients/
	<i>Prop making</i>	https://www.punishedprops.com/new-maker/ http://www.props.eric-hart.com/resources/the-100-best-sites-for-the-prop-maker/ https://www.pinterest.co.uk/lauren_b30/prop-making/
	<i>Costume making</i>	https://www.pinterest.co.uk/bitplayers/costume-ideas-for-stage/ https://www.playbill.com/article/22-broadway-inspired-costumes-for-you-to-make-this-halloween https://www.theaterseatstore.com/blog/sewing-theater-costume

ACTIVITY	Task	URL
<p style="text-align: center;">DRAMA</p>	<p>We are always looking for budding make up artists to help us on productions. Plus at GCSE and A Level if you opt for costume design for your specialism you need to be able to master special effects makeup.</p> <p>At school we have kits of special theatrical make up that we use - but here are a few tutorials showing you how to create the same effects with normal make up.</p> <p>Anyone fancy having a go on themselves? If you are going to borrow anyone's make-up please get their permission first!</p> <p>Email Miss Proops photos of your creations....or how about film your own tutorial?</p>	
	<p>Stage make up tutorials using normal make up:</p> <p><i>Bruising</i></p>	<p>https://www.youtube.com/watch?v=fNb_-Tmxq8Q</p> <p>https://www.youtube.com/watch?v=lqHa_CbPvvs</p>
	<p><i>Aging</i></p>	<p>https://www.youtube.com/watch?v=HImkOr4qAbo</p> <p>https://www.youtube.com/watch?v=qo8B7BGes4I</p>

ACTIVITY	Task	URL
DRAMA	Sixth formers can watch live theatre:	https://www.hampsteadtheatre.com/news/2020/march/hampstead-theatre-in-partnership-with-the-guardian-to-stream-a-series-of-hit-productions-from-its-digital-archive-for-free/
	Watch free Theatre Shows every Thursday night!	https://www.nationaltheatre.org.uk/nt-at-home
	Circus skills The videos teach you how to juggle with socks or toilet rolls!	https://m.youtube.com/watch?v=d1OUPNbEWsA&feature=youtu.be https://m.youtube.com/watch?t=3s&v=WWYEGg_vLF0
LAMDA	Lessons continue as normal	sj@kehsmail.co.uk
MUSIC	Sign up for 'Sofa Singers' which offers a free & weekly online singing event	www.thesofasingers.net
	Watch live shows including:	
	Metropolitan Opera	www.metopera.org
	Classical music concerts	www.classicfm.com
	Jazz concerts	www.jazz.org
	Digital Concert Hall	https://www.digitalconcerthall.com/en/home
Andrew Lloyd Webber shows being broadcast free online	https://www.andrewlloydwebber.com/shows/	

MUSIC	<p>This initiative set up by the exam board (Associated Board of the Royal Schools of Music) supports pupils who learn instruments</p> <p>Pupils could try teaming up with other pupils to play chamber music. There is a lot of free music which can be downloaded and printed</p>	<p>https://gb.abrsm.org/playon</p> <p>https://imslp.org/wiki/Main_Page</p>
MUSIC THEORY	<p>Led by a Sixth Former, this activity is for anyone that needs help up to Grade 6 theory whether working for an exam, or general help</p>	
DUKE OF EDINBURGH (L5 – Sixth Form)	<p>Although the expeditions have been put on hold for the moment, this is a good time to work on your fitness - do online workouts, go for a walk or a run etc. You can also continue with volunteering, skill and physical activities at home. Keep a log of what you are doing and ask a teacher to supervise you. You will find ideas of suitable activities on the D of E website https://www.dofe.org/dofewithadifference/activities. Remember to send your programme planner for approval on DofE before you start an activity. If you need any help please email Mrs Coetzee and Mrs Douglas</p>	
CAMERA CLUB	<p>Have a go at taking photos of: spring, food, pets, and nature. Do an A-Z around the house or your walk outside or how about you pick a colour and take 10 snaps of it around the house, or take a snap with every colour of the rainbow. Why don't you tell a story of your favourite song through pictures or compile a lockdown photo diary?</p> <p>Take photographs and submit them to Miss Pallister sp@kehsmail.co.uk</p>	<p>https://www.bucksfreepress.co.uk/news/18341485.coronavirus-lockdown-photos-finding-beauty-small-things-14-stunning-camera-club-pictures/#gallery10</p>