



KING EDWARD VI
HIGH SCHOOL FOR GIRLS



KING EDWARD'S SCHOOL
BIRMINGHAM

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato	Spiced Butternut Squash & Coconut	Mushroom & Thyme	Leek & Potato Broth	Winter Vegetable
Meaty Mains	Red Thai Chicken Curry	BBQ Chicken Pizza	Pork Sausage with Onion Gravy	Chicken & Mushroom Pie	Chicken Zinger Burger on a Seeded Bun
Mains	Mushroom Stroganoff - V	Fish Pie - F	Cheese & Onion Loaded Potato Skins - V	Sweet Potato & Butternut Squash Chilli with Rice - V	Crispy Fish Fingers - F
Veggie Mains	Macaroni Cheese - V	Pea & Feta Arancini - V	Vegetable Gratin - V	Vegetable Hot Pot - V	Cheese & Tomato Pizza Bread - V
Salads	Range of fresh salads served daily				
Jackets & Pastas	Served daily with meat-based sauce - tomato sauce - tuna - beans - cheese				
Sides	Herby Rice Spiced Broccoli & Grated Carrots Braised White Cabbage	Curly Fries Mixed Peppers & Bean Sprouts Courgettes	Creamy Mash Potato Mediterranean Vegetable Medley Peas	Tuscan Potato Cauliflower Cheese Buttered Carrots	Chips Peas Baked Beans
Hot Sweets	Pear Crumble	Double Chocolate Sponge	Apple Pie	Jam Steamed Pudding	Chocolate Crunch